

An Evening Reflection

END YOUR DAY WITH GRATITUDE,
PEACE AND A FOCUS ON
GOD'S FAITHFULNESS



Date: _____

Today, I thank God for:

Where did I see goodness or grace?

What felt heavy?

Where did I respond with love?

Date: _____

Where do I wish I'd responded differently?

Is there anything I need to apologize for or repair?

Lord, I give you:

Someone I entrust to Your care tonight:

Date: _____

A worry I do not want to carry into sleep:

One hope for tomorrow:

CLOSE SIMPLY

*Thank you for this day, Lord. Hold what I cannot fix tonight
and give me grace for what comes next. Amen.*